## **PSHE at Shoreham Academy Autumn Term 2024**

YEAR	October 8 <sup>th</sup>	November 7 <sup>th</sup>
ILAN	(Half Day)	(Full Day)
7	BUILDING RELATIONSHIPS	BULLYING
	<ul> <li>Introduction to Relationships</li> </ul>	CEOP - Online Safety
	Positive Relationships	Bullying – What is it?
	·	Coping with bullying – Drama workshop
		Respecting Differences – LGBTQ+
		Road Safety – being a pedestrian
8	SAFETY & RELATIONSHIPS	DRUGS, SEX & ALCOHOL THE CONSEQUENCES
	Unwanted Contact	Online safety
	<ul> <li>CSE – Grooming &amp; Exploitation</li> </ul>	Risks Affecting Health
		Sexual Activity
		Drugs
		How to get out of difficult situations
9	IDENTITY & RELATIONSHIPS	HEALTHY RELATIONSHIPS
	<ul> <li>Celebrating Difference – LGBTQ+</li> </ul>	Contraception Circuit
	<ul> <li>Different Families</li> </ul>	<ul> <li>CSE – Technology &amp; Relationships</li> </ul>
		<ul> <li>HIV Workshop – Terrence Higgins Trust</li> </ul>
		STI Party
		What happens at Sexual Health Clinics
10	EXPLORING INFLUENCE	FINANCIAL DECISION MAKING
	<ul> <li>Resilience – How to say no</li> </ul>	Budgeting
	<ul> <li>Online safety - Consent</li> </ul>	Life Choices & Savings
		Money & Well Being
		<ul> <li>Money Sense Workshop</li> </ul>
11	DIVERSITY	NEXT STEPS
	<ul> <li>Challenging Offensive Behaviour</li> </ul>	<ul> <li>Assembly – Options 16+</li> </ul>
	<ul> <li>Diversity, Discrimination &amp; Prejudice</li> </ul>	What will I learn?
		Subject Tasters
		Careers Skills
		Road Safety – being a passenger
12	SAFETY & CAREERS	SAFETY
	<ul> <li>Sexual Harassment</li> </ul>	Safe Drive Stay Alive Road Safety
	<ul> <li>Study Skills</li> </ul>	E-Safety
		First Aid
		Safety in Relationships
		<ul> <li>Being Safe when out and about</li> </ul>
		Travel Safety
13	SAFETY & CAREERS	CAREERS – DESTINATIONS
	Sexual Harassment	Eating on a budget
	UCAS Preparation – Personal	Finance – Living on a shoe string
	Statements	Interview Skills
		Personal Statements
		CV Writing/ Letters of application/
		Application Forms